

Ultimate Bodies by Carlos Personal Training Travel Contract

The rates listed below represent the fees for contracting with Ultimate Bodies by Carlos to travel as a personal trainer for a specific client. The responsibilities that are included in the fees are training the client 5 days per week, Monday through Friday, location of the training facility, and taking control of all meal planning. A training session will consist of 2 hours which will include cardio and weight training or whatever training the trainer feels is appropriate for the client. If a client requests training on a Sunday, that will be double the day rate.

The day rate for traveling is \$1,700.

The rates are as follow:

One (1) week (5 days)	\$ 8,500
Two (2) weeks	17,000
Three (3) weeks	25,500
Month	34,000

Hotel, air fare and \$100 Diem per day is not included in the above fees. The client is responsible for hotel, air fare and the per Diem.

A retainer of one half (1/2) of the total amount of the training fee is due prior to the travel date. The remainder of the training fee is due upon completion of travel.

I, _____, fully understand the above fees for the contracting of _____ of Ultimate Bodies by Carlos to accompany me as my Personal Trainer for the period of _____ to _____.

The total amount of the fee for personal training not including hotel, air fare and per Diem are _____. The retainer amount will be _____ and the remainder will be _____ to be paid at the end of travel.

Client _____ Company _____ Date _____

Trainer _____ Ultimate Bodies by Carlos, Date _____